

<b>WORK AREA:</b>	Parent Carer Forum (PCF)
<b>BOARD/ STRATEGIC MEETING:</b>	Shared across boards/work streams
<b>PARENT REPRESENTATIVE:</b>	PCF Team
<b>REPORTING PERIOD:</b>	1st – 30th November

<b>PARTICIPATION COVERED WITHIN THIS PERIOD:</b>	<ul style="list-style-type: none"> <li>• Schools offer</li> <li>• Participation and involvement</li> <li>• Events</li> <li>• Cost of living</li> </ul>
--	--

### FORUM VIEWS/ ISSUES/ PROGRESS

- Progress on priorities within forum
- Highlight areas of difficulty in achieving any outcomes
- Performance against targets/ measurers (Outcomes Matrices)
- Forum concerns/ issues

New Outcomes Matrix for 2022/ 2023 PCC grant

FVP are on target with all three outcomes as measured by the activity occurring. (see progress in blue)

FVP Trustees are in the process of finalising their annual SWOT and PESTLE analysis based on feedback from a public survey. All information will be shared in due course.

The following general concerns have not changed

- The PCF have a general concern that the cost of living is having more of a detrimental impact on families than is fully appreciated publicly. The team are reporting hearing more and more difficult experiences from the parent carer community.
- FVP are concerned that families will start reaching breaking point, and end up in need of more costly LA support. Resilience is very low for parent carers.

Outcomes	Examples of	Output/activity	How Measured
Parent's resilience and confidence is improved through peer-to-peer support, access to information and guidance and signposted to services/professionals		Parent reps and FVP activities (drop-ins, hub, online sessions and activities to facilitate participation), surveys and meetings identify barriers and challenges, issues and ideas. Training (Experts by Experience, Challenging Behaviours and Mental Wellbeing workshops) are subject to CCG/ICS funding.	Quarterly reporting on data, analysis, findings and feedback,  Topics of importance highlights emerging experiences, challenges and barriers parent/carers face.  You said we did, annual reports
		<ol style="list-style-type: none"> <li>1. SEND Strategy 2<sup>nd</sup> session with parent carers</li> <li>2. Mental Wellbeing Workshop (Looking after you, a Focus parenton Self Care, Using HeartMath)</li> </ol>	

<p>Representation and reporting of parent's voices at strategic and operational boards across SEND results in making parent and child experiences visible, and contributes to service policy, and practice improvements</p>	<p><b>1. Carers Right's Day</b></p> <p>Sharing information and practices, providing insight and lived experience with Officers, VCS, Health colleagues, schools/education. Reporting back to parents on actions, improvements etc Contributing to Ofsted inspections, CQC, local offer etc</p> <p>Reaching out to seldom heard groups for their views/experiences</p> <ol style="list-style-type: none"> <li>1. 4 café and meet and eat sessions</li> <li>2. 3 Topics of Importance</li> <li>3. 1 parent carer coffee and signposting session</li> <li>4. SENI services Local offer update (Open Forum)</li> <li>5. 1<sup>st</sup> PfA Task and Finish Group for parent carers</li> </ol>	
<p>Building trust and improving relationships between PCC services and parents</p>	<p>Developing relationships e.g., with settings, schools, SENCO network, parents evening, between education settings, PCC and Parent/carers.</p> <ol style="list-style-type: none"> <li>1. Attending parent/carers coffee and signposting session, having stands at CDC, attending PCC SEND forum.</li> </ol>	<p>Self-reporting surveys and feedback from parents.</p>

**BUDGET PERFORMANCE IF APPLICABLE (Narrative)**

- Overview of performance against budget
- Difficulties and risks

Due to the rising costs associated with the cost of living crisis and energy costs FVP's costs have also increased anywhere from 10% to 50% for goods and services to 200% for utilities. This is being factored into any forecasts associated with business planning and financial management. Risks are being monitored in relation to the costs associated with delivery of service under the current circumstances.

### Data sources and Details (Engagement Levels)

- Overview of parent carers engaging (numbers new and recurring)
- Data sets
- Demographics where known
- Numbers of surveys/ facebook polls/ session attendance -

### Participation and involvement from Parents/carers in November 2022

Adult Gender	Male	4
	Female	131
	Other	

New / Returning PC	New	47
	Returning	20

Parent Carer Direct Contact	Web Form	3
	Parent Contact Form	5
	In Person	0
	Email	0
	Phone	1

Category	Adult	
	21/22	22/23
White British	196	36
Gypsy or Irish Traveller	0	0
Roma	0	1
Any Other White Background	19	9
White and Black Caribbean	0	0
White and Black African	0	0
White and Asian	0	0
Any Other Mixed or Multiple Ethnic Background	7	1
Indian	8	5
Pakistani	12	1
Bangladeshi	0	0
Chinese	0	1
Any Other Asian Background	0	0
African	7	5
Caribbean	0	0
Black British	1	0
Any Other Black or Caribbean Background	0	0
Arab	0	0

Any Other Ethnic Group	6	0
Rather Not Say	0	0
Unknown	2	1
	60	23
	30.61%	63.89%

CCG/ Training	Date	Number of Adults
Mental Wellbeing (Improving sleep, feeling calmer more easily, with HeartMath)	18/10/22	2
Mental Wellbeing(Looking after you ,a Focus on Self Care, Using Heart Math)	22/11/22	3

Information and Awareness	Date	Number of Adults
SEND Strategy 2nd Session	8/11/22	number not known/session run by Peterborough Council
Parent Carer Coffe and Signposting	16/11/22	4
SENI servises (open forum)-Local offer update	17/11/22	6
PfA task and finish group for parents carer	28/11/22	6

Family Based Event/Activity	Date	Number of Adults	Number of Children
Community Cafe	2/11/22	16	
Litter Pick & Meal	5/11/22	5	
Community Cafe	9/11/22	22	
Community Cafe	16/11/22	24	
Warm hub	21/11/22	3	1
Warm hub	23/11/22	7	4
Community Cafe	23/11/22	25	
Carers Right Day	24/11/22	10	
Warm hub	26/11/22	4	4
Warm hub	28/11/22	7	7
Warm hub	30/11/22	7	4
Community Cafe	30/11/22	21	

Survey Title	Date	Number of adults
Post 16 LO	November	4

## PARENT REPRESENTATIVE VIEWS/ ISSUES/ ROLE

- Meetings attended (Title/ Number)
- Hours Devoted to forum work
- Methods used to gather parent carer views
- Number of parent carers being represented
- Any concerns identified by parent rep and who these have been fed back to
- Views/ Concerns Taken to Meetings
- Themes/ Topics taken from meetings

### Rep Meeting Attendance

Meetings	Duration of meeting in hours	Travel Time (In Hours)	Total Admin/Prep time In Hours
16	19.5	0	7

### **Actual Meetings attended by Reps in November 2022:**

- EHCP improvement Meeting
- Peterborough Health and Care Forum
- PCC SEND Forum
- CWD Operational Group
- PCC SEND Operations Group
- Keyworker Project – wider group
- NNPCF Keyworker Community of Practice
- LASEND APP working Group
- Celebrate next steps and moving on 'cease to maintain' working group
- SEND Strategy Plan Review
- APP Local offer for 18-25 year olds consultations with Parents
- Children and Young People's Mental Health and Wellbeing Board
- Personalised Care Working Group
- PCC SEND Communications Group
- CWD Operational Group
- Children & Young People's Board meeting
- Children, Young People and Families Co production Collaborative
- PfA Employment Group
- SEND Health Advisory Group
- Carer Friendly Tick steering group
- Childrens social care direct payment working group
- 5 day offer and transitions to college and out of college
- PfA Health Group
- Parent Carer Assessment Workshop (Carer Strategy Refresh)
- Pboro APP Working Group
- APP work - Follow up Post 16 survey
- C&P Integrated Care Board
- PB policy meeting
- Peterborough SEND Operations group
- Adapted IAPT VS Q&A session
- FASD diagnostic pathway
-

At meetings attended the following issues have been raised:

- Lack of Comms from LA
- 5 day offer is insufficient and parents are struggling to keep their jobs as well as provide full time care for their children for 4 out of 7 days a week
- National shortage of health professionals is impacting waiting times, assessments and ongoing support, which means that some parents are seeking support privately.
- Short breaks are not fit for purpose
- Mental health services are not working efficiently enough to keep children safe and parents carers feel like they are being pushed from pillar to post
- Concerns about the lack of EP
- PfA: parents are not aware what help is available or where to start
- Parent carers are not aware of Personal Budgets and what they are for
- EHCP Annual reviews are still not coming back on time
- Difficulties in finding appropriate school to meet child's needs
- School transport issues

## PARENT CARER VIEWS/ ISSUES

- Views Via You Said – We Did
- Complaints/ Concerns
- Compliments
- Your Say Form

Information gathered from the various contact points with parent carers has led to the following concerns/ issues being highlighted:

- Difficulties in obtaining Educational Psychologist
- Not enough help for PFA aged children
- 0-25 disability team is difficult to access and social workers changing too frequently
- Lack of communication from schools
- Lack of accessible short breaks
- Parent/carers are feeling exhausted, the fight with service providers just never ends
- Parents/carers who have children with mental health issues need to keep repeating their story which is frustrating
- Parents need to seek help from SENDIASS or FVP to get information they need and to help them with issues they have in schools

We strive ourselves to listen to every parental concern and help in the best way possible. Here is what some of our parents have to say

*'It is so difficult to know where to go to get help. I have no idea what we are entitled to, and things seem to be changing to fast! Thank you for being here for us and helping us to navigate the system'*

*'I had no idea what DLA was, that I may be able to get Carer's Allowance and that other help is available, such as equipment for my daughter, who has complex health needs. Thank you so much for calling me and then sending me all the information through. I didn't even know that I can take my daughter to your Christmas party and bring my other son with me! As soon as we recover from my daughter's multiple surgeries we will be coming to your events.'*



Title: **Forum Highlight Report FORM**

File Ref: FVP-FM-127

Version: 2

Date of Issue: 27/06/2019

Page: Page 7 of 7

### School Specific (IF RELEVANT)

- Schools Offer Update
- Details on any work with schools (setting etc)
- Details on parent carers engaging at setting level

No Schools work this month

### OTHER (IF RELEVANT)

- Feedback from other groups
- General feedback about wider issues/ services
- Planned changes/ work

Not Applicable at this time